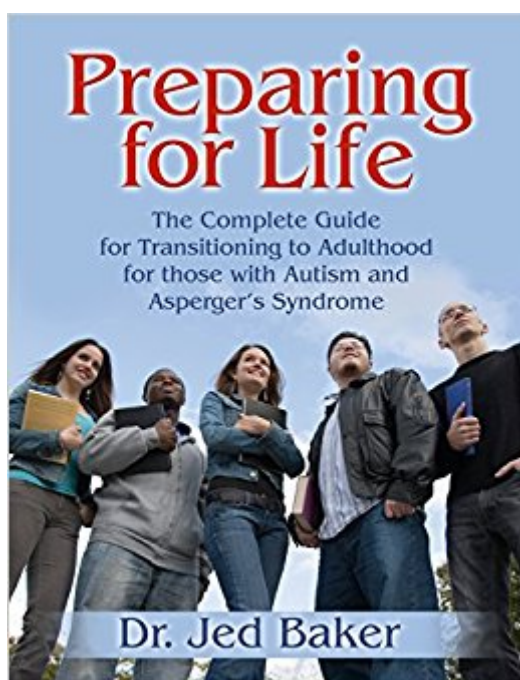


The book was found

Preparing For Life: The Complete Guide For Transitioning To Adulthood For Those With Autism And Asperger's Syndrome



Synopsis

Typically, ASD high school graduates are unprepared for the transition to independence. Early, ongoing training in the social skills crucial to establishing successful adult relationships can help. He also guides readers through the legal, financial, educational, vocational, and community resources available after graduation. The essence of the book lies in the 73 "Skill Lessons" targeting: nonverbal communication empathy anger/anxiety management conversational skills employment-related skills which can be taught by parents, teachers, or professionals. This easy-to-follow resource offers a complete toolbox of social skills and the means to attain them. Helpful chapters include: Asperger's Syndrome, autism disorders, and the need for life skills training The transition process and the law College, Career and Residential Options Beyond High School: What parents can do to prepare their son or daughter (by Rick Blumberg, Ph.D.) Assessment of social skill needs Skill instruction strategies: Individual, small group, self-instruction Training peers to be more accepting of students on the spectrum Skill Lessons

Book Information

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Customer Reviews

"It is my philosophy that the skills in this book and others do not represent a model of social correctness. They are, however, ideas of how to behave that may help students reach their own goals. . . . The message is, don't alter the uniqueness that makes you special in so many

great ways just add to what you can do." Dr. Jed Baker

Having earned his MA and Ph.D. in clinical psychology from the University of Albany, Dr. Jed Baker is a behavioral consultant for several New Jersey school districts where, nearly two decades ago, he organized a group to help children with social communication problems. That group expanded and ultimately became the Social Skills Training Project under Dr. Baker's directorship. Dr. Baker also presents lectures all over the world on social skills training, and is on the board of directors of the Asperger's Syndrome Education Network, Inc. (ASPEN). His work has been featured on ABC News and Nightline.

One of my sons is seeing a therapist & she has stated that she feels he has some traits of AS. Well, after looking into it more, it would seem that both of my sons do. They are 15 & 20 and both of them enjoyed this book & seeing their own traits along with the traits of other family members being pointed out. The good thing is that it also gave them insight into why other people respond to them the way they do. I think this book will help them both in relating to other people. This has been a very handy book for them. The only problem with this book is it can be pretty dry reading at times so they needed to take breaks in reading it some & this is from kids that really enjoy reading.

I purchased this with my adult daughter in mind. Recently diagnosed with ASD she is so much in need of the social skills that will allow her to move into true independence and adulthood. Her therapist kept using excerpts from the book in her sessions so I decided to buy one. Our daughter saw it on the table and started reading it! Good ideas! Great activities! I love it, too!

I got this book for my 20 year old Autistic son. He has been reading it, enjoying it, and really taking it's guidance to heart. This book is full of helpful tips that any young person can use. It is very easy to understand and relate to.

Brought this for one of clients who has Autism but High functioning. I love the activities in her and things to ask the teacher as well. He wont read it but will listen to me read to him. This more of a book for therapist and parents to help with instead of them having it on their own.

Nobody does this stuff better than Jed Baker. Real life situations and examples written in a way that is clear and informative.

Very useful for one of my young adult clients with Aspergers.

really great guidebook for adults with aspergers

Excellent source for educators and parents to help ASP young adults. Each chapter give you step by step to better prepare the student/young adult in different social situation. Easy to follow reading

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The Young Person With Down Syndrome: Transition from Adolescence to Adulthood
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Guide That Explains Behaviors Associated with Autism, Asperger's, ADHD, Sensory Processing Disorder, and Other Special Needs

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